

## feature profile

# Morgan Judy Rose hi-tech healing

**M**organ Judy Rose has been practicing acupuncture since the early 80's, when it was still relatively new to the West, and not widely embraced by the authorities. She recalls the RCMP closing down the clinic of a colleague for "practicing medicine without a license." We've come a long way. And so has acupuncture.

A licensed acupuncturist, Morgan also holds a diploma in traditional Chinese medicine (trained in the Five Element System). Like all acupuncturists, she works with energy, the *chi* or life force, which flows through our bodies. "Conventional" acupuncture seeks to unblock and balance this chi, usually through the insertion of needles to specific meridian points.

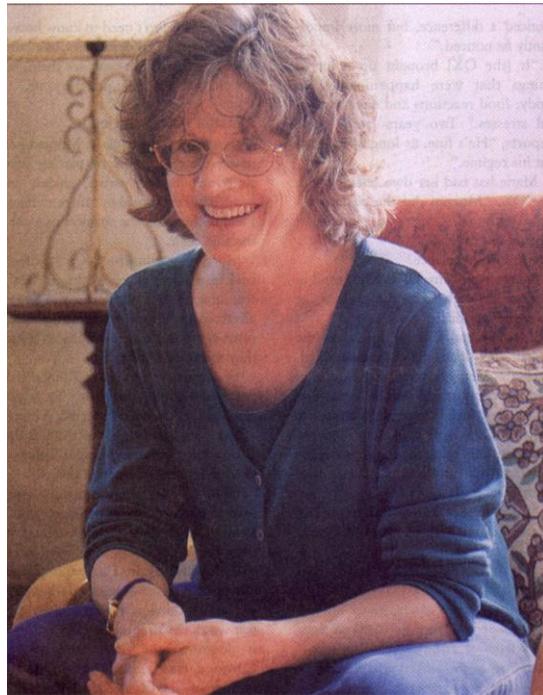
But Morgan no longer treats her clients using needles. Today she uses a computer. "I never really liked inserting needles in people anyway," she laughs.

Morgan is a bright-eyed woman with a ready smile and an enthusiasm for helping. We sit in her sunny kitchen with a cup of tea – she loves to brew her own from anise-hyssop gathered from her garden, but today we indulge in a cup of black tea rich with ginger. Shortly we will go downstairs to her newly-renovated clinic on the ground floor of her View Royal House.

"Having worked in clinics for 15 years, I very much enjoy working at home. I love to garden and spend time with my grandchildren (a three-year-old and a nine-month-old) and," she smiles, "taking three seconds to go to work is *really* appealing."

How did she get started?

"In theatre," she says with a laugh. She'd planned to follow in the footsteps of her mother, an actress. Her early training was in theatre and music, at London's Guildhall School



of Music and Drama. "But my uncle—he has passed on now—was a spiritual healer, and he would have people come from all over Europe. When I was about 15 he told me I had the same gift but at that time it didn't seem very cool and I ignored it," she says with a grin. "I was much more intent on being a famous actress."

In her 20's, after working on a television program, she had made enough money to come out to Canada with her cousin. She stayed in Vancouver, working in the theatre and teaching theatre in schools, and in the 1970's (by then married with two children) moved to Vancouver Island.

"It was at that time, when I was thirty-something, that I went back to England and my uncle asked me to join him in a research project on spiritual healing that was being conducted by scientists," Morgan tells me. The "healers" would place their hands on "patients" who were hooked up to biofeedback equipment, "and they'd record how all the dials changed. When I saw this I realized I wasn't using a gift that I'd been given."

Once home again, she started doing just that and, "as the universe works—people started to come. I called it spiritual healing; I didn't know what else to call it—I think it was something like Reiki and the laying on of hands that have been done for centuries," she tells me.

But it didn't earn her a living, so she went to acupuncture school. "In those days a lot of people hadn't heard of it—they looked at me in horror and say, "You stick needles in people? Gross!"

A pioneer in energy medicine, Morgan is currently the only practitioner in Victoria using a computer software program known as the Quantum Xrroid (QX) to help her clients achieve optimal health and well-being. Call it hi-tech healing: marrying the ancient art and knowledge of Chinese medicine with the sophistication of 21<sup>st</sup> century science and technology. How did she go from "putting needles in people" to using a computer?

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Five years ago, Morgan decided to move back to her native London. Her step-dad was dying of cancer and she wanted to be there to help him, but after three months she knew it wasn't home. Meanwhile, she was looking into alternative therapies and one day visited a friend who had made an amazing discovery from chronic fatigue, a recovery she attributed to the QX. "I suddenly knew that's why I was there," Morgan says. "The minute I saw the device I knew it was for me, even though I had never owned a computer."

The QX software was developed by Dr. William Nelson, formerly of Colorado, who married a Hungarian woman and relocated there to undertake further research and training in energy medicine through the Hippocampus Research Institute (an affordable place to conduct research, as Hungarian doctors earn only about \$50 a month). "I flew home to B.C. and the day after I landed in Vancouver, Dr. Nelson happened to arrive." He was there to conduct a seminar for physicians and doctors of Chinese medicine. "It all came together very quickly-the way things do when the time is right."

### **A case study**

I heard about Morgan through Marie who had desperately looked for solutions to her 10-year-old son's health problems, which included headaches, mood swings, negativity, and a lack of energy. She sought help from various health practitioners-tested eyes, blood and sinuses-to no avail. Then, through the Gettin' Higher Choir, she met Morgan. After an assessment on the QX, consultations with Morgan, and some dietary changes, Marie's son improved.

"Within a week I noticed a difference, but more importantly *he* noticed."

"It (the QX) brought up a lot of things that were happening in his body; food reactions and environmental stresses." Two years later, Marie reports, "He's fine, as long as he stays on his regime."

Marie has had her own sessions with the QX. "Morgan did the *chakra* balance with me," she says, "and I just floated out of there!"

The chakra balance?

Morgan explains, "Basically, I send in frequencies to balance the chakras, or clear the meridians."

In traditional Chinese medicine, the practitioner opens the channels and balances the energy flows through touch, as with acupressure, or, with acupuncture, by needles placed strategically along the pathways. "If a person is willing, the machine can take them quite deeply into spiritual and emotional areas of their life," adds Morgan.

"I don't really know how it works," Marie tells me. "It's like going for Reiki treatments, I don't need to know how-just that it does." Frequencies, like radio waves, perhaps? We can't see them, but we can hear the radio just the same.

### **A matter of frequencies**

Downstairs in the clinic Morgan harnesses me to the QX by placing small straps around my wrists, ankles, and head. The test takes about three minutes. I feel nothing but the coziness of a comfortable chair.

Morgan explains the QX is a biofeedback instrument which works on energy, searching for imbalances in the body's electromagnetic and subtle energy fields, often correcting these imbalances before they manifest in disease. "It exposes you to about 7,000 different frequencies," she says.

"How you react to them is what I see. My job is to analyze and prioritize the data.

It can also test for parasites, fungus, bacteria, viruses, and environmental toxins."

"When doing acupuncture, I often used to wonder why some people didn't hold their treatments. They might be okay for a few weeks, and then would slide downhill again. I now think this is due to undetected toxins in the system."

The first thing to show up on my own test was a reaction to car exhaust. I put it down to the drive through the Colwood crawl, but later learned the muffler on the car needed replacing. It was possible, the mechanic told me, that carbon monoxide could have leaked into the interior of the car through a hole in the exhaust pipe.

Ridding the body of toxins isn't always as simple as replacing a car muffler.

Often prolonged dietary changes are needed, and sometimes homeopathic remedies prescribed.

After "zapping some parasites" (an alarming but apparently common occurrence, I am assured), Morgan runs an aura scan. I watch the computer screen showing what looks like a tennis racket zipping across a human form.

"I'm not saying (this type of treatment) can always help," Morgan says. "But sometimes it can go a long way to giving people their lives back."

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BY KARYN WOODLAND